



Daily Check List Before School Each Morning

Do not send your child to school if they show ANY symptoms of ANY type of illness.

- YES Does your child have a temperature? (oral of 100.4 or more/temporal of 99.4 or more)
- YES Does your child have a cough?
- YES Does your child have shortness of breath or difficulty breathing?
- YES Does your child have fatigue?
- YES Does your child have muscle or body aches?
- YES Does your child have a headache?
- YES Does your child have new loss of taste or smell?
- YES Does your child have a sore throat?
- YES Does your child have congestion or runny nose?
- YES Does your child have nausea or vomiting?
- YES Does your child have diarrhea?
- YES Has your child had close contact with (within 6 feet for at least 15 minutes or touched, kissed, hugged) a person with COVID-19?
- YES Has your child had someone with COVID-19 sneeze, cough or somehow get respiratory droplets on them?

If the answer to EVEN ONE of these questions is "yes", DO NOT send your child to school.



602 North Acadia Road, Thibodaux, LA

**Have your
child wash
their hands
before leaving
for school and
immediately
upon returning.**

SAFE RETURN TO SCHOOL

COVID-19 CORONAVIRUS



GUIDE FOR PARENTS

2020-2021

These are unprecedented times at home, work and school. Thibodaux Regional Health System has been a leader in helping the region navigate the COVID-19 pandemic.

In its on-going efforts and commitment to the safety and well-being of patients, staff and the community, Thibodaux Regional Health System has partnered with the Houma-Thibodaux Diocese and your child's school to provide a safe return during the Coronavirus pandemic.

Enclosed are some guidelines to assist you in mitigating the spread of COVID-19 and helping to keep children safe and well this school year.

Resources

Thibodaux Regional Health System
www.thibodaux.com/news/coronavirus
985.435.4813

Centers for Disease Control
www.cdc.gov/coronavirus

Louisiana Department of Health
www.ldh.la.gov/coronavirus



Talk with Your Child About How School Will Be Different

Explain to your child that school will be different this year. Help them understand so they know to expect it to be different. Explain that all of the changes they will see are to keep them, their teachers and their families healthy and safe.

Points to consider discussing include:

- Students may be asked to sit only with siblings or alone in a seat on the school bus
- Temperatures checked upon arrival at school
- Social distancing will be expected in the classroom, lunchroom, playground and in the hallway and bathrooms
- Desks will be farther apart
- Lunch may not take place in the cafeteria, students may be having lunch in the classroom
- If lunch is served in the cafeteria, students will be spread out
- Break, recess and PE will be different
- There may be more breaks for hand washing during the day. Students may be asked to wash upon arrival, several times during the day and before going home
- Wearing masks may make it harder to understand what the teacher is saying. It may be harder for the teacher to understand students. It is important for students to let the teacher know if they are having difficulty hearing what is being said
- Discourage gathering before and after school
- Some families may choose home school or virtual learning so some of your friends may not be at school this fall

School will be different this year.

It's important to talk with your child.



